

**Bio-EPA** is a proprietary blend of purified whole body fish oils. These oils are extracted through cold-press technology to preserve freshness and to limit bad taste. Fatty fish oils are an excellent source of the beneficial omega-3 fatty acids EPA and DHA.

Omega-3s are essential fatty acids that our bodies cannot create without first obtaining them through food sources. To obtain sufficient quantities it is necessary to supplement our omega-3 needs with a high quality fish oil supplement. Omega-3 fatty acids play a critical role in cellular communication and function, especially in the regulation of the body's immune system.

## Brings Balance

A proper balance of omega-6 to omega-3 acids is necessary for a healthy body

It is estimated that one hundred years ago diets consisted of a 1:1 omega-3 to omega-6 ratio. Today, modern diets often include large amounts of vegetable oils that have high concentrations of omega-6 fatty acids. Omega 6 fatty acids are converted to inflammatory prostaglandins while Omega 3 acids are anti-inflammatory, make the blood less sticky, and increase circulation. The typical American consumes about 30 times more omega-6 than omega-3 fatty acids in their diet. By adding Bio-EPA to your diet and monitoring your omega-6 intake, you can improve the ratio for a healthier life.

Clinical studies have shown that omega-3 supplementation benefits include supporting cardiovascular health, boosting immune response, promoting brain function and wellness, improving joint mobility and function, and promoting healthy, beautiful skin.

Research released in *Circulation: Journal of the American Heart Association* has shown that increased consumption of omega-3 fatty acids also has the following benefits:

- Decreased risk of sudden death and arrhythmia, an irregularity in the force or rhythm of the heartbeat
- Decreased thrombosis (blood clot)
- Decreased triglyceride levels
- Decreased growth of atherosclerotic plaque
- Improved arterial health
- Lower blood pressure

The American Heart Association recommends consuming omega-3 fatty acids to protect your heart.



<b>Supplement Facts</b>		
Serving Size: 1 Softgel		
	Amount Per Serving	% Daily Value
Calories	10	<1%
Calories from Fat	10	<1%
Total Fat	1 g	<2%
Polyunsaturated Fat	0.5 g	**
Vitamin E (as d-alpha tocopherol plus d-alpha, d-beta, d-gamma, and d-delta)	1.1 IU	4%
<b>Omega 3 Fatty Acids:</b>		
EPA (eicosapentaenoic acid)	180 mg	**
DHA (docosahexaenoic acid)	120 mg	**
** Daily Value not established.		

Available in 50 & 150 count.

## Is Unique

### Bio-EPA is a proprietary blend of purified whole body fish oils

These oils are extracted through cold-press technology to preserve freshness and to limit bad taste. Bio-EPA contains no polyunsaturated fatty acids.

### Processing

On-site laboratories are constantly monitored and tested by expert chemists and microbiologists to ensure consistent quality of raw materials, product batches, and finished products. Analyses are conducted to validate content and specifications, assuring high quality.

### No Additives

This product contains no sugar, starch, salt, preservatives, artificial colors, flavors or additives, and no corn, wheat, yeast, soy, or milk derivatives.

### FDA Drug Manufacturing Standards

MBi Nutraceuticals operates its own FDA licensed Drug Manufacturing facility. Our standard operating procedures are based on "Current Good Manufacturing Practices" as defined by the Food and Drug Administration. MBi ensures the highest quality nutraceuticals by applying our drug manufacturing procedures to every nutritional, herbal, food, homeopathic, and personal care product we make.

### Synergistic MBi Products

Cardio Complex  
E-400 Complex  
Bio-Mag  
Cardaurum Drops  
Dyscardia Drops  
Carditonia Drops  
Bio-Cardia Drops

### Further Reading

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**MBi**  
NUTRACEUTICALS

*Bringing Balance Back to Life*

These statements have not been evaluated by the Food & Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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