Folic Acid-1000, also known as folate, is a water-soluble B vitamin that helps the body form red blood cells and aids in the formation of genetic material within every body cell.

Research has shown that if all women get 400 micrograms of folic acid every day before pregnancy, neural tube defects can be reduced by 50 to 70 percent.\(^1\) Neural tube defects are defects that occur very early in a baby’s development, within four to five weeks after conception. Research has also shown that folic acid may also prevent birth defects of the heart, limbs and face. Women planning to have a baby should increase their folate intake if they want their child to reach optimal weight, as new research links the vitamin for the first time to birth weight.\(^2\)

Studies show that a decrease in folic acid or B12 and B6 is the primary cause of the increased risk of vascular disease. Treatment with folic acid was found to decrease the risk of vascular disease and concurrently reduce homocysteine levels.\(^3\)

Use Folic Acid-1000 to lower homocysteine levels

Randomized clinical trials have demonstrated that B vitamins, particularly folic acid, significantly lower homocysteine levels associated with coronary heart disease.\(^4\) A recent meta-analysis by the Homocysteine Lowering Trialists’ Collaboration found that folic acid therapy lowered homocysteine levels by 25%.\(^5\)

Other studies revealed the health benefits of folic acid in warding off Alzheimer’s disease. In a study of more than 1,000 older adults, researchers found that people who have high levels of harmful homocysteine in their blood are twice as likely to develop Alzheimer’s disease than those who do not. One of the easiest ways to lower levels of homocysteine is to get plenty of folic acid. Lowering blood homocysteine levels appear to lower the risk of coronary, cerebral, and peripheral vascular disease, as well as, dementia (Alzheimer’s) and Parkinson’s Disease. In the elderly, a deficiency of folic acid and Vitamin B12 may result in mental confusion.\(^6\)

All adults should take a folic acid supplement

Research has shown that folic acid can reduce neural tube defects and may also prevent birth defects of the heart, limbs and face. Other studies show that folic acid may help protect women and men from heart disease, cervical and colon cancer and possibly breast cancer. The March of Dimes recommends adults take a vitamin supplement containing folate as this form is effective and easy to use.
MBi Nutraceuticals Folic Acid-1000 comes from natural sources and is easily assimilated by the body.

A water-soluble B vitamin, also known as folate, folic acid helps the body form red blood cells and aids in the formation of genetic material within every body cell.

Processing
On-site laboratories are constantly monitored and tested by expert chemists and microbiologists to ensure consistent quality of raw materials, product batches, and finished products.

Vitamin and mineral analyses are conducted to validate the product content and specifications, assuring high quality.

FDA Drug Manufacturing Standards
MBi Nutraceuticals operates its own FDA licensed Drug Manufacturing facility. Our standard operating procedures are based on “Current Good Manufacturing Practices” as defined by the Food and Drug Administration. MBi ensures the highest quality nutraceuticals by applying our drug manufacturing procedures to every nutritional, herbal, food, homeopathic, and personal care product we make.

No Additives
This product contains no starch, salt, or preservatives, and no wheat, yeast, or milk derivatives.

Synergistic MBi Products
Super B
Bio-Naturalvite
Hematocrit

Further Reading
5. Tice, Jeffrey A. MD; Ross, Elizabeth MD; Coxson, Pamela G. PhD; Rosenberg, Irwin MD; Weinstein, Milton C. PhD; Hunink, M. G. Myriam MD, PhD; Goldman, Paula A. MPH; Williams, Lawrence MS; Goldman, Lee MD, MPH. Cost-effectiveness of vitamin therapy to lower plasma homocysteine levels for the prevention of coronary heart disease: effect of grain fortification and beyond. JAMA, Volume 286(8).August 22/29, 2001:936-943

These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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